

BRIDGEPORT EXEMPTED VILLAGE

SCHOOL DISTRICT

ATHLETIC POLICY



GO DOGS!

MEMEBERS:

Board Members (2)
Superintendent
High School Principal
Athletic Director

FORWARD

This booklet has been prepared with the intention of being a reference guide for regulations, existing rules, and information now in effect concerning the athletic policies and procedures of the Bridgeport High School. It is our hope that this booklet would contribute to a better understanding of policies and procedures which should give us a harmonious and efficient athletic program.

It is our wish that this booklet will be helpful to those for whom it was intended.

Certainly, from time to time, our policies and regulations may change. We welcome any ideas or suggestions that will improve our Athletic Program at all times.

Superintendent

Principal

Athletic Director

EDUCATIONAL VALUES OF ATHLETICS

- We* believe in inter-scholastic athletics.
- We* believe there are substantial educational outcomes from a soundly conceived and executed program for the players, the student body, and the school as a whole.
- We* believe the potential values to the participants are genuine. Rigorous competition under prescribed regulations and policies provide for adolescent boys and girls the opportunity to develop ideas and habits of health, fair play, initiative, achievement and emotional control.
- We* believe students can be taught to win gracefully and to lose in the same fashion.
- We* believe that many students have found a purpose in their school work and in their lives through the program of athletics.
- We* believe that athletics provide tangible values for students. Athletics can make a substantial contribution to morale and can provide an outlet for enthusiasm.
- We* believe the athletic program, though differing in nature from the academic program, does justify its existence by providing a profitable educational experience for the participant.
- We* believe the welfare of the individual student is always the primary concern. The game exists for the students—never the students for the game.

O.V.A.C.

The purpose of the Conference is to promote clean wholesome athletics, sponsor athletic tournaments and festivals in non-athletic activities, create a spirit of friendly rivalry, and promote good will among the members. The Conference shall also foster the exchange of professional ideas and the discussion of policies.

The Executive Committee is composed of Superintendent, Principal, or Athletic Director only of the member schools.

Athletic competition includes: Football, Basketball, Cross Country, Bowling, Wrestling, Track, Baseball, Golf, Tennis, Girls Basketball, Volleyball, Softball and Track

A Constitution and By-Laws were adopted at the inception of the League. All member schools have copies and abide by this Constitution.

We are very proud of the high esteem that the O.V.A.C holds in athletic endeavors throughout Ohio and West Virginia.

ATHLETIC BOARD

The Athletic Board was officially designated as a policy making group for the regulation of Inter-Scholastic athletics.

Membership – The Board shall include the Superintendent, High School Principal, Athletic Director, and Two (2) Board of Education Members.

Parent Representatives (1 from each grade level) will also be asked to contribute feedback at regular meetings.

A majority of the Athletic Board must be present to constitute a quorum and the quorum can pass any item.

The High School Principal will serve as President. Meetings are subject to call by the President or Athletic Director on demand. All coaches are invited to place items on the agenda for discussion and action.

General coaches' meetings will be held at the call of the Athletic Director or Principal.

There will be a regular meeting of the Athletic Board as listed below or more often as required.

November – March – June

A record of all meetings will be kept by the Athletic Director. Minutes and agenda should be sent to all School Board and Athletic Department members three days in advance of the Athletic Board Meeting.

The building principal must approve the program since he is ultimately responsible for the total athletic program.

PARENT AND ADULT FAN CONDUCT

We encourage positive, enthusiastic support of our student-athletes; humility in victory and grace in defeat; and conduct becoming of an adult. Please represent your school and community in a positive and respectful manner. That means follow the rules; speak and act responsibly, and show courtesy and respect for your fellow fans, the officials and coaches, the administrators and authority figures and, of course, your team and opponents.

We support the guidelines of the OHSAA pertaining to the conduct of parent and adult fans at high school athletic events which can be found at <https://ohsaa.org/news-media/articles/parents-and-adult-fans-the-biggest-challenge-facing-high-school-sports-today>

<https://nfhslearn.com/library/videos/478>

and

<https://ohsaa.org/Portals/0/Respect-the-Game/parents-fans-fair-play-code.pdf>

ATHLETIC DEPARTMENT
BRIDGEPORT SCHOOL DISTRICT

PHILOSOPHY OF ATHLETICS BOARD

Interscholastic sports are recognized at Bridgeport as an Integral part of the student's complete education, held in harmony with objectives of the total education program.

In accordance with the O.H.S.A.A., Bridgeport High School will administer the interscholastic sports programs as a part of the school's total program of physical education, establishing and maintaining high standards in the conduct of its athletics.

REVISION OF ATHLETICS DEPARTMENT POLICY BOOK

Recommendations will be considered whenever necessary.

ATHLETIC DIRECTOR

THE ATHLETIC DIRECTOR OF THE BRIDGEPORT SCHOOLS SHALL:

1. Organize and administer the overall program of extra-curricular athletics, both intramural and interscholastic (girls and boys), for the district.
2. Provide leadership in the selection, assignment, and evaluation of athletic coaches and staff members.
3. Foster good school-community relations by keeping the community aware of and responsive to the athletic programs of the district.
4. Assume responsibility for the organization and scheduling of all interscholastic athletic events.
5. Handles the responsibility of securing officials, team physicians, and policemen (as required) as well as ticket takers and assumes general responsibility for the proper supervision of all home games.
6. Arranges transportation for all athletic contests by working with the Supervisor of Transportation.
7. Develops and recommends appropriate rules and regulations governing the conduct of athletic activities to the Athletic Board for review and adoption.
8. Ensures the Head Coach submits the list of eligibility for participants in each sport by working with High School Principal, Middle School Principal and Guidance Counselors.
9. Prepares and administers the athletic program budget.
10. Requisitions program supplies and equipment through the Principal, Superintendent and Office of the Treasurer of the Board of Education. Superintendent presents all major purchase requests to the Board.
11. Supervises all tickets sales and fund raising events of the athletic program, and assumes responsibility for proper handling of funds.
12. Arranges all details of the visiting teams' needs, including but not limited to lodging, meals, gymnasium services, and field assistance as appropriate.
13. Arranges field and gym practice schedules.
14. Provides for the physical examination of all athletes prior to the beginning of each season.

15. Assists each head coach in the planning of their program including scheduling,
16. Handles other duties assigned by the High School Principal, Superintendent of Schools, or the Athletic Board.

ATHLETIC DEPARTMENT

COACHES' CODE OF CONDUCT

1. All coaches have a two-fold purpose – The desire to have a positive influence on players, fans, officials, and other coaches and to win. The desire to win never over-rides the health, safety, welfare, or the worth and dignity of the individuals in the program.
2. All coaches should have a strong value structure, which includes success, family, honesty, moral ethics, health, work and the dignity of others. Each coach should be aware that he/she is seen as a positive model by observers and his/her behavior should reflect the intent to be a positive model.
3. All coaches are expected to have the understanding and patience required to respond intelligently to even the most highly pitched emotional situations. Over-reaction and impulsive actions should be the exception rather than the rule. It is the direct responsibility of coaches to preserve the dignity of the game official/coach relationship. Participants will be respectful when dealing with game officials.
4. All coaches should be sensitive to the thoughts and feelings of the players, coaches, and support personnel. Each coach should communicate a willingness to listen and be helpful.
5. All coaches should be sensitive to establish and maintain positive relationships with players, teachers, other coaches, officials, school administration and parents.
6. All coaches are representing Bridgeport High School and the Bridgeport Board of Education and should therefore avoid any situation or confrontation that may be embarrassing to the coach and the school district.

SPECIFIC RESPONSIBILITIES OF HEAD COACHES:

1. A coach will not allow an athlete to practice until his/her physical card and parental permission slip have been collected by the coach and turned into the Athletic Director.
2. The head coach shall operate at all times within the scope of the general and specific educational philosophy of our school. His/her first responsibility is the welfare, safety, and growth of the students under his/her supervision. In expediting this responsibility, he/she shall work closely with the Athletic Director who has a similar responsibility.
3. The coach will cooperate with and uphold all policies adopted by the Athletic Department of Bridgeport High School.
4. The coach will assign clearly the duties of the assistant coaches. He/she will post staff meeting and scouting assignments early in the training sessions.
5. The coach will be alert to the health of all students.
6. The coach will have staff members supervising, at all times, students who are on the field and in the locker rooms.
7. Coaches will not use abusive language at any time.
8. Check student attendance daily when sport is in session.
9. The coach will stress sportsmanship at all times.
10. The coach will develop students to their highest degree of skills possible and mold them into as an efficient team as material permits.
11. The coach will develop a friendly and courteous relationship with the press and the community.
12. The coach will demand adherence to training rules.
13. The coach will work with the Athletic Director when dealing with the Booster Club.

14. The head coach in each sport shall outline the programs or systems to be used by all coaches in the sport.
15. The development of players of varsity sports shall take precedence over the winning of games for all reserve, freshmen and junior high games.
16. The coach is held directly responsible for the appearance and conduct of his/her players when in competition.
17. A head coach or designee must be present to open the building and/or dressing room thirty minutes prior to practice and must be that last one to leave the grounds. It is the coaches' responsibility to be at all practices and he/she also shall be held responsible for turning off all lights and locking all doors. At no time shall players be put in charge of practice sessions.
18. Each coach is responsible for issuing and collecting equipment. This must be recorded and charged against the individual player. Equipment not returned by a player must be paid for at the athletic director or head coach's discretion. A complete inventory of all equipment must be handed into the Athletic Director at the conclusion of each sport. A coach is expected to sign off that all uniforms and equipment have been inventoried and properly stored before receiving compensation for their duties.
19. Recommended purchase of equipment, supplies, and uniforms, as appropriate.

It is a demand that the entire coaching staff, guided by the respective head coaches, adhere to the Rules and Regulations prescribed by the Ohio High School Athletic Association. Ignorance of a rule will not be excusable.

BUDGET

- A. The Budget for the following school year shall be based on the following year's projected income.
- B. All receipts collected at the junior high and high school level will be placed in the Bridgeport School District Athletic Account.
- C. Any balance on hand at the end of the year may be used for special projects not included in the budget, or carried over into the next school year.
- D. All purchases are to be made by the Athletic Director and a bill obtained at the time of purchase along with a purchase order number.
- E. A master financial statement will be kept showing the current balance and expenditures in each sport.
- F. Monthly balances from checks written will be posted.
- G. The financial statement will be reviewed at each meeting, including all receipts and expenditures, and the budget will be reviewed annually at the Spring meeting.
- H. Board Policy on depositing funds

6600 - DEPOSIT OF PUBLIC FUNDS: CASH COLLECTION POINTS

Monies received at cash collection points throughout the District must be deposited in accordance with this policy. Cash collection points are any areas within a school where money flows into the District. Currently identified cash collection points are admission fees to athletic events, lunchroom sales, classroom fees, student activities/fundraisers, and miscellaneous money coming through the Treasurer's Office such as grants, interest, donations, sale of fixed assets, and taxes.

Persons who receive monies at cash collection points in the District are required to deposit all monies received with the Treasurer on the next business day after the day of receipt, if the total amount of monies exceeds \$1,000. If the monies received do not exceed \$1,000, the person shall deposit such monies with the Treasurer not more than three (3) business days following the day of receipt. Persons who receive money at cash collection points are responsible for its safekeeping until the money is deposited with the Treasurer. Ordinarily, the money should be secured in a locked desk, file cabinet, safe or other secure room on school property, and it should not be taken home. If an employee believes it is safer to take the money home, s/he must obtain permission to do so from his/her supervisor, building principal, or other appropriate administrator. The Treasurer is directed to develop, distribute, and implement procedures addressing the provision of receipts (where applicable) to the payee(s), and proper segregation of duties for the receipting, depositing, recording, and reporting of cash. These procedures should be particularized to each cash collection point and should include flowcharts as appropriate. The procedures should further address the need for completion of timely bank reconciliations so that "unreconciled differences" can be identified and resolved.

GAME OFFICIALS

The officials assigned to contests have are selected and assigned according to the procedures adopted by the Ohio High School Athletic Association or the Ohio Valley Athletic Conference.

PRACTICE TIMES – ALL SPORTS

1. There are to be no practice sessions of any kind or type on Sunday, until 1:00 PM.
2. There shall be supervision when students are in the locker rooms, weight room, or on the field.
3. Practice session starting and ending dates in all sports are defined in the Ohio High School Athletic Association Rules.
5. Non-mandatory off-season conditioning programs must be approved by the Athletic Director.
6. Coaches must observe the no contact periods as listed by the OHSAA. Dates are available at ohsaa.org/Calendar

BUS RIDING RULES

1. Bus departing time is to be arranged by the Athletic Director in conjunction with the Transportation Director and Head Coach.
2. All bus riders (team members, managers, assistant coaches, cheerleader advisor, cheerleaders, etc.) are to be advised of departure time on the day prior to a game by the head coach.
3. Every effort is to be made to use as few buses as possible to transport necessary personnel so the costs to the Athletic Department can be reduced.
4. A Board approved coach is required to ride with the team both to and from contests.
5. Only authorized personnel are to be permitted on buses. Coaches, team members, managers, score keepers, statisticians, cheerleader advisor and cheerleaders are authorized personnel. Brothers or sisters of team members, friends of any of the above, members of team or cheerleader's family, members of bus driver's family are not to ride team bus to or from athletic contests.
6. Coaches are to report to the Athletic Director or building principal any problems which arise regarding buses or transportation.
7. All authorized persons are expected to ride both to and from athletic contests unless the parent makes proper arrangements with the head coach or cheerleader advisor for legitimate reasons. If permission is given for variance of above it is required that arrangements are made directly between the parents/guardian and the Head Coach.
8. Any known damage caused by a person riding the bus should be reported as soon as possible directly to the principal, Athletic Director, or transportation supervisor.
9. If any emergency arises whereby these regulations must be violated, the head coach in charge will make the decision.
10. Players and coaches are responsible for making sure all trash is cleaned up after a trip.

TRANSPORTATION OF ATHLETIC TEAMS

All Athletic teams will travel by transportation approved by the Athletic Director and a bus provided for games.

Small teams and groups will be transported by passenger cars in case of emergency, if available. If private vehicles are used, such as coach's cars, adequate insurance coverage and the responsibility of the drivers will be a governing factor. This must first be cleared by the principal. In no case, will students be approved as drivers for the transporting of athletic teams. Parent permission slips must be signed before traveling in passenger cars. The Athletic Director will handle all of these arrangements.

The head coach will assume all responsibility for conduct and discipline.

COACHES' RESPONSIBILITY TO ATHLETES WHILE ON TRIP

Each coach taking an athlete or a squad off campus to represent Bridgeport High School must be aware of the fact that the coach is responsible for their conduct-performance-travel.

Teams shall travel to and from all events including practice away from the facility, only by authorized transportation arranged by the Athletic Department. Student shall not be excused to ride back with friends. Students will be permitted to ride back only with their parents. Coaches are responsible and athletes cannot be insured if it is done otherwise.

TRANSPORTATION POLICY

- A. Students are to use the transportation provided by the school, going to the event and returning to the pick-up point.
- B. The only exception to this ruling shall be if the parents are present and wish to take their son/daughter home with them due to transportation difficulties. When possible, this should be requested in writing to the coach in advance to departure from game site.
- C. The coach in charge must remain at the school until all players, managers, and cheerleaders have been picked up. The coach will then secure the building before leaving if it is after 11:00 p.m. on a weekday, or anytime on Saturday or Sunday.

VISITING TEAMS

Common courtesy demands that the Athletic Director assist the visiting team on any way possible. Often times, arrangements for meals may be desired. We will provide for them medical assistance any medical service that may be needed. We will provide ambulatory services at all football games.

HANDLING OF ATHLETIC INJURIES

When a student is injured while participating in a sport the following procedure should be followed:

Notify coach/team physician.

Call ambulance if necessary.

Notify parents.

A staff member, if available and appropriate, should accompany the injured player if the player is in need of further treatment at another facility unless a parent is able to accompany the injured player.

The staff member will remain with the player until the parent arrives. The coaches must have the Emergency Medical Forms with them at all times.

Any player who sees a physician for an injury (including concussions) must provide a medical release prior to resuming participation in practices and athletic events.

DISCIPLINE – ATHLETES and CHEERLEADERS

- A. With the addition of summer league programs, open gym programs, and weight lifting programs, the following rules and regulations shall be in effect during the season.
- B. An athlete must be observed breaking the rules of the policy by a member of the official school staff or civil authorities and referred to the head coach within ten (10) school days (during school year) or ten working days (during pre-season practices) after the incident occurs.
- C. Any athletes found guilty of using, buying, selling, or having possession of illegal drugs shall be denied participation in all athletic programs for the remainder of the school year.
- D. Stealing equipment or valuables from the school or other members of a team may result in the athlete being denied participation in all athletic programs for the remainder of the school year. The decision will be made by the coach of the sport the athlete is participating in at the time of the infraction, the athletic director and the principal according to the facts relevant to the incident.
- E. Any athlete found guilty of:
 - 1. Consuming or having possession of any alcoholic beverages.
 - 2. Smoking or having possession of any tobacco products (including snuff or chewing tobacco and vaping devices)

Shall be disciplined as follows:

- a. First Offense: The athlete shall be denied participation in the next two (2) scheduled contests, but never more than 1 week.
- b. Second Offense: The athlete shall be denied participation in all athletic programs for the remainder of the season.
- c. Third Offense: The athlete shall be denied participation for the remainder of school year.
- d. Any athlete arrested by law enforcement agencies will meet with the principal and athletic director with the possibility of denying participation in athletics.
- e. Any athlete who has been denied participation from a scheduled contest must continue to participate in practice sessions.

ATHLETIC DENIAL OF PARTICIPATION

1. **INSTANCES CONCERNING ALCOHOL, DRUGS:**
As stated in Board adopted policy

2. **VIOLATIONS OF TEAM PRACTICE AND/OR CONTESTS**
 - A. The first incident of unexcused absence is a verbal warning that denial of participation will occur the second time that an unexcused absence occurs. The coach will also inform the parent/guardian of this incident and warning and any future consequences.
 - B. Two unexcused absences will be an automatic one meet or game denial of participation. This denial of participation will be enforced on the next regularly scheduled meet or game following the violation. A meeting will be scheduled for the player, parent/guardian, coach, athletic director and principal to discuss the issue and any future consequences.
 - C. Three unexcused absences will be automatic denial of participation for the remainder of the season.

Definition of Unexcused Absences:

1. Any athlete who does not receive permission to miss practice from a member of the coaching staff shall be considered unexcused.
2. In cases of illness, parents may call a member of the coaching staff before practice or game and have their son/daughter excused.
3. An excused absence from school is an excused absence from practice.

3. **VIOLATION OF PROPER TEAM CONDUCT**

- A. Proper conduct should be maintained at all practices, games or meets, and other school activities.
- B. No excessive misconduct will be tolerated.

First Violation – Verbal warning. The coach will also inform the parent/guardian of this incident and warning and any future consequences.

Second violation – One contest suspension. A meeting will be scheduled for the player, parent/guardian, coach, athletic director and principal to discuss the issue and any future consequences.

Third Violation – Two contest suspension. A meeting will be scheduled for the player, parent/guardian, coach, athletic director and principal to discuss the issue and any future consequences.

Fourth Violation - Denial of participation for the remainder of that season. A meeting will be scheduled for the player, parent/guardian, coach, athletic director and principal to discuss the issue and any future consequences.

Any violation during the following seasons that school year will result in denial of participation for that season.

The principal may make the decision to override or bypass any steps based on the severity of the event and the circumstances surrounding it.

4. **INTENTIONAL DESTRUCTION OF SCHOOL PROPERTY/EQUIPMENT**

First Violation – Will result in one game denial of participation or restitution along with a verbal warning that next incident will result in denial of participation for the remainder of that season. The coach will also inform the parent/guardian of this incident and warning and any future consequences.

Second Violation – Will result in denial of participation for the remainder of the season. Restitution must be made before the athlete will be allowed to go out for another sport. A meeting will be scheduled for the player, parent/guardian, coach, athletic director and principal to discuss the issue and any future consequences.

Any violations during following seasons will result in denial of participation for the remainder of that season.

5. **STEALING OF SCHOOL AND PERSONAL PROPERTY**

First Violation – Will result in a one game denial of participation and either restitution for the equipment or the return of the equipment. The student will receive a verbal warning that the next incident will result in denial of participation for the remainder of that season. The coach will also inform the parent/guardian of this incident and warning and any future consequences.

Second Violation – Will result in denial of participation for the remainder of that season. Restitution or the return of the equipment must be made before the student

will be permitted to go out for another sport. A meeting will be scheduled for the player, parent/guardian, coach, athletic director and principal to discuss the issue and any future consequences.

Any violation during the following seasons will result in denial of participation for the remainder of that season.

6. **LOSING OF SCHOOL PROPERTY/EQUIPMENT**

Any student losing equipment or having stolen equipment must make restitution for that equipment at the end of each season. The coach will inform the parent/guardian of the incident, the need to make restitution and the potential consequences for failing to make restitution.

If restitution is not made at the end of the season, the student will not be permitted to go out for another sport until restitution is made. Seniors will not get his/her diploma until restitution is made. A meeting will be scheduled for the player, parent/guardian, coach, athletic director and principal to discuss the issue and any future consequences.

7. **DISRESPECT TOWARD COACHES (VERBAL)**

First Violation – Verbal warning. The coach will also inform the parent/guardian of this incident and warning and any future consequences.

Second violation – One contest suspension. A meeting will be scheduled for the player, parent/guardian, coach, athletic director and principal to discuss the issue and any future consequences.

Third Violation – Two contest suspension. A meeting will be scheduled for the player, parent/guardian, coach, athletic director and principal to discuss the issue and any future consequences.

Fourth Violation - Denial of participation for the remainder of that season. A meeting will be scheduled for the player, parent/guardian, coach, athletic director and principal to discuss the issue and any future consequences.

Any violation during the following seasons that school year will result in denial of participation for that season.

The principal may make the decision to override or bypass any steps based on the severity of the event and the circumstances surrounding it.

8. **REPEATED VIOLATIONS**

Repeated violations of a combination of offenses will result in the following.....

First Violation – Verbal warning. The coach will also inform the parent/guardian of this incident and warning and any future consequences.

Second violation – One contest suspension. A meeting will be scheduled for the player, parent/guardian, coach, athletic director and principal to discuss the issue and any future consequences.

Third Violation – Two contest suspension. A meeting will be scheduled for the player, parent/guardian, coach, athletic director and principal to discuss the issue and any future consequences.

Fourth Violation - Denial of participation for the remainder of that season. A meeting will be scheduled for the player, parent/guardian, coach, athletic director and principal to discuss the issue and any future consequences.

Any violation during the following seasons that school year will result in denial of participation for that season.

The principal may make the decision to override or bypass any steps based on the severity of the event and the circumstances surrounding it.

9. **FLAGRANT MISCONDUCT**

A. Includes any physical contact used towards a coach or official at any time or stealing of personal property in a locker room at any time during a season.

First Violation – Denial of participation for the remainder of the season. A meeting will be scheduled for the player, parent/guardian, coach, athletic director and principal to discuss the issue and any future consequences.

Second Violation – (which occurs during another season) – Results in denial of participation for the remainder of the year in all sports. A meeting will be scheduled for the player, parent/guardian, coach, athletic director and principal to discuss the issue and any future consequences.

Third Violation – Results in denial of participation in all sports the remainder of the student's high school enrollment.

GENERAL

- A. **Dress**
 - 1. Whenever going to a contest or representing Bridgeport as a member of a team, care should be taken to look neat and act in a manner of a young lady or young man.

- B. **School Personnel**
 - 1. Respect is to be shown at all times toward all teachers and school officials and all adults who are working in conjunction with the school.

- C. **Officials**
 - 1. Respect is to be shown at all times to officials of athletic contests.

- D. **Attendance on Day of Contest**
 - 1.I In order to participate in an athletic event or practice the student must attend a minimum of four classes (lunch does not count as a class) on the day of the event or practice. Extenuating circumstances will be taken into consideration by the High School Principal or Superintendent in the absence of the Principal.

- E. **Eligibility**
 - 1 In order to be eligible, a student in grade 9, 10, 11, or 12 must be currently enrolled and must have been enrolled in school during the immediately preceding grading period and received passing grades during that grading period in subjects that earn a minimum of 5.0 credits per year toward graduation. In addition, the student must have a GPA of 1.25 or better the preceding grading period.

 - 2. The eligibility or ineligibility of a student continues until the start of the fifth day of school of the next grading period, at which time the immediately preceding grading period grades become effective.

 - 3. Students electing to enroll in CCP must be certain that 1.) The faculty members at the post-secondary institution understand that they will need to provide grades or a progress report at the time when the high school's

grading period is over, and 2.) The student-athlete is taking enough course work at the post-secondary institution exclusively or between the post-secondary institution and the high school combined to be equivalent to five one-credit courses. Calculating equivalency of credits in the post-secondary institution is conducted in the same manner as in the high school, based on the Carnegie unit. College courses for which three or more semester hours of credit are earned shall be awarded one Carnegie unit. Fractional Carnegie units will be awarded proportionately. This means that courses which are four, five, six or even seven hours of credit receive just one Carnegie unit. The factor of 2 is used for post-secondary institutions that are on the semester system.

F. **Physicals**

1. In order to participate in open gym, weights or team competition all students must have a physical. If a physical form is not on file, the student may not participate until he/she receives a physical.

WEIGHT TRAINING POLICY

THE FOLLOWING REGULATIONS APPLY TO ANY WEIGHT TRAINING IN THE BRIDGEPORT SCHOOL DISTRICT:

- A. Once weight training commences, no athlete that quits a sport can participate in this training until the sport the athlete quit is finished. **NO EXCEPTIONS.**
- B. **NO STUDENTS FROM ANOTHER SCHOOL ARE TO BE PARTICIPATING IN OUR WEIGHT PROGRAM.**
- C. ONLY students of Bridgeport Schools are permitted to use our equipment and facilities and only under the supervision of existing coaches. **Under no circumstance are coaches to give their keys to anyone for the purpose of using school facilities. No employee is to allow anyone the use of our facilities without a coach in attendance.**

